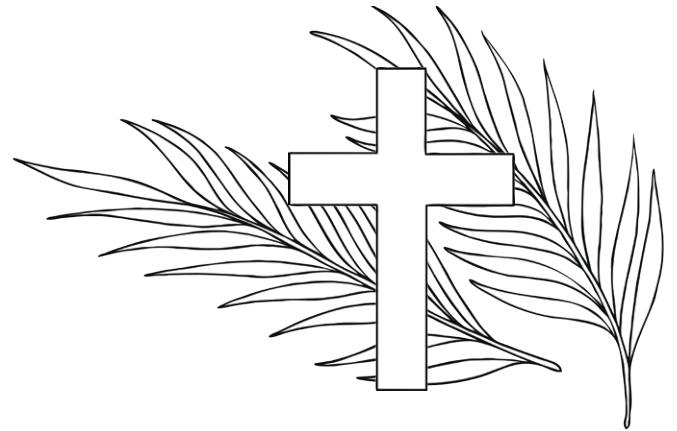
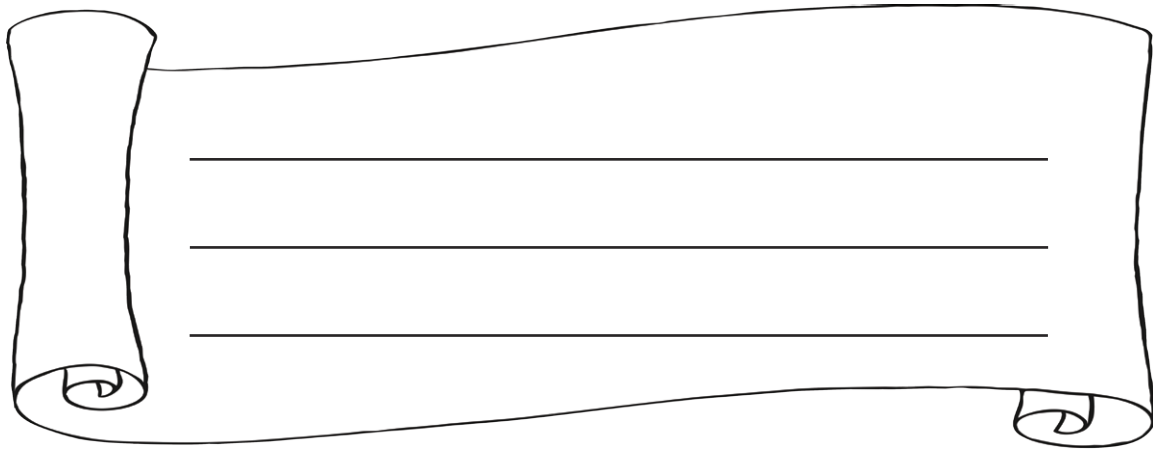


My Lenten Promise



Why have you chosen this promise?

What will be challenging about upholding this promise?

What can you do to make sure you keep your promise?

Colour in the black and white cross and palms to match the example.